



RA 9299

Republic of the Philippines

June 25, 2004

NEGROS ORIENTAL STATE UNIVERSITY

NOPS (1907)

NOTS (1927)

EVSAT (1968)

CVPC (1983)



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18Q19869

COLLEGE OF EDUCATION

-CENTER OF DEVELOPMENT

AACUP Re-Accredited Level III

BACHELOR OF PHYSICAL EDUCATION

Based on CMO 80, s. 2017

Effective June 2018

Name of Student: _____

FIRST YEAR									
First Semester					Second Semester				
Subject Code	Descriptive Title	Units	Pre-Requisite	Grade	Subject Code	Descriptive Title	Units	Pre-Requisite	Grade
GE 1	Understanding the Self	3			GE 5	Purposive Communication	3		
GE 2	Readings in Philippine History	3			GE 6	Art Appreciation	3		
GE 3	The Contemporary World	3			GE 7	Science, Technology and Society	3		
GE 4	Mathematics in the Modern World	3			GE 8	Ethics	3		
Fil 1	Akademiko sa Wikang Filipino	3			GE 9	Life and Works of Rizal	3		
ED 101	The Child & Adolescent Learners & Learning Principles	3			Fil 3	Mabisa at Masining na Pagpapahayag	3		
PE 1	Physical Fitness and Health	2			ED 102	Building and Enhancing New Literacies Across the Curriculum	3		
NSTP 1	National Service Training Program 1	3			PE 2	Recreational Games and Sports	2		
					NSTP 2	National Service Training Program 2	3		
Total		23			Total		26		
Semestral GPA:					Semestral GPA:				

Enhancement									
First Semester					Second Semester				
Subject Code	Descriptive Title	Units	Pre-Requisite	Grade	Subject Code	Descriptive Title	Units	Pre-Requisite	Grade
BPED-EN BHM 101	Basic Human Movement	3			BPED-EN BPSASE 103	Basic Psycho-Social Aspect of Sports and Exercise	3		
BPED-EN BSFA 102	Basic Safety and First Aid	3			BPED-EN BSOAM 101	Basic Sports Officiating and Activity Management	3		

Adviser: _____ Date: _____

Adviser: _____ Date: _____

SECOND YEAR									
First Semester					Second Semester				
Subject Code	Descriptive Title	Units	Pre-Requisite	Grade	Subject Code	Descriptive Title	Units	Pre-Requisite	Grade
GE 10	Environmental Science	3			ED 202	The Teaching Profession	3		
ED 201	Technology for Teaching & Learning	3			ED 204	Foundations of Special & Inclusive Education	3		
ED 203	Facilitating Learner-Centered Teaching	3			BPEd 7	Technology for Teaching & Learning 2 (PE & Health)	3		
BPEd 1	Philosophical & Socio-anthropological Foundations of Physical Education & Sports	3			BPEd 8	Individual & Dual Sports (Racket Sports, Athletics & Martial Arts)	3		
BPEd 2	Anatomy & Physiology of Human Movement	3			BPEd 9	Swimming & Aquatics	3		
BPEd 3	Physiology of Exercise & Physical Activity	3			BPEd 10	Emergency Preparedness & Safety Management	3		
BPEd 4	Principles of Motor Control & Learning of Exercise, Sports & Dance	3			BPEd 11	Applied Motor Control and Learning of Exercise, Sports and Dance	3	BPED 4	
BPEd 5	Philippine Traditional Games and Sports	3			BPEd 12	Coordinated School Health Program	3		
BPEd 6	Movement Education	3			BPEd 13	Phil. Traditional Dances	3		
PE 3	Rhythmic and Social Recreation	2			PE 4	Cultural Presentation and Sports Management	2		
Total		29			Total		29		
Semestral GPA:					Semestral GPA:				

Adviser: _____ Date: _____

Adviser: _____ Date: _____

THIRD YEAR									
First Semester					Second Semester				
Subject Code	Descriptive Title	Units	Pre-Requisite	Grade	Subject Code	Descriptive Title	Units	Pre-Requisite	Grade
ED 301	The Teacher & the School Curriculum	3			GE 11	Gender and Society	3		
ED 302	Assessment in Learning 1	3			ED 304	The Teacher & the Community, School Culture & Organizational Leadership	3		
ED 303	Methods of Research in Education	3			ED 305	Assessment in Learning 2	3	ED 302	
BPEd 14	Elective 1: Music and Arts in the K-12 Curriculum	3			BPEd 20	Elective 2: Administration and Management of Physical Education and Health Education Programs	3		
BPEd 15	Curriculum Assessment for Physical Education & Health Education	3			BPEd 21	Research in Physical Education, Health and Sports	3		
BPEd 16	Team Sports (Soccer, Basketball, Volleyball, Baseball, Softball, Handball, Floorball, etc.)	3			BPEd 22	Process of Teaching PE & Health Education	3		
BPEd 17	Sports & Exercise Psychology	3			BPEd 23	Personal, Community & Environmental Health	3		
BPEd 18	Drug Education, Consumer Health Education & Healthy Eating	3			BSED ASSESS 1	Competency-Based Assessment 1	3		
BPEd 19	International Dance and other Forms	3			LIT 1	Philippine Literature	3		
Total		27			Total		27		
Semestra I GPA:					Semestra I GPA:				

Adviser: _____ Date: _____

Adviser: _____ Date: _____

FOURTH YEAR									
First Semester					Second Semester				
Subject Code	Descriptive Title	Units	Pre-Requisite	Grade	Subject Code /	Descriptive Title	Units	Pre-Requisite	Grade
GE 12	Philippine Popular Culture	3			ED 405	Teaching Internship	6	All Subjects	
ED 401	Field Study 1	3			BSED ASSESS 3	Competency-Based Assessment 3	3		
ED 402	Field Study 2	3							
ED 403	Speech and Oral Communication for Teachers	3							
ED 404	Personal & Professional Growth for Teachers	3							
BSED ASSESS 2	Competency-Based Assessment 2	3							
LIT 2	World Literature	3							
Total		21			Total		9		
Semestral GPA:					Semestral GPA:				

First Revision: August 2020

Adviser: _____ Date: _____

Adviser: _____ Date: _____

Summary:

General Education Courses.....	48 units
Professional Education Courses.....	45 units
Specialization Courses.....	63 units
Elective.....	6 units
Mandated Courses (PE & NSTP).....	14 units
Enrichment Courses:.....	15 units
TOTAL	191 Units
With Enhancement.....	12 units
TOTAL	203 Units